



Press Kit



Me and Fred are indie-folk singer-songwriters Robin May and Fredrika Buchanan. They live in Arnside, Cumbria.

Both Robin and Freddie began their musical journeys as rockers, during their teens. Robin transitioned through being a hippy, living at Molesworth Peace Camp during the early eighties, prior to immersing himself in the blues for many years. He built and ran a recording studio for half a decade into the nineties, during which time he dropped defining his tastes by any one genre and has dabbled with most musical styles as a guitarist. Freddie spent over a decade as a folkie and has been on the organising committee for three UK festivals, likewise expanding her musical tastes to include most styles and genres.



They bring these rich musical backgrounds to Me & Fred and believe their strength lies in the way they weave elements of all styles into their indie-folk music. Whilst songs such as 'Sweet Anticipation' and 'There' are folk songs, 'Gimme a Reason' is undoubtedly a blues song, 'Blame is so Absurd' has a reggae vibe and elements of rock run throughout songs such as 'Movin' On' and 'The Way'. Robin has been known to joke that 'New Beginning' is Freddie's pop song!

Robin and Freddie fell in love over Christmas 2016 and just over a year later, on April 9th 2018, Me & Fred was formed. As Christmas 2018 approached Robin asked, "How about we do some recording over the Christmas break?" Four months later they released their debut album, **'Sweet Anticipation'**, on their first birthday (9th April 2019).



They have decided to release one song from the album, as a music video and via social media, each month. That will take them to their second birthday, at which time they plan to release their 2nd album. They've already written half the songs and are in danger of becoming prolific!